



Counselling sessions for Irish people at Ashford Place



If you would like to speak to a trained counsellor in a safe and confidential space, icap is offering a counselling service at Ashford Place from the 8th April. The sessions will initially be offered on Monday mornings.

If you are interested, please speak to a member of staff at Ashford Place who will give you an application form. Alternatively, you can contact the icap office on 0207 272 7906 and we will send you an application form. You can also download an application form on our website www.icap.org.uk

icap is the only specialist British-based counselling and psychotherapy service supporting people from the Irish community facing a range of emotional issues, including depression, anxiety and stress. We have a particular expertise in working with those who have survived childhood trauma.